

**Reporting Title:** Phospho-Tau 181, CSF**Performing Location:** Rochester**Shipping Instructions:**

Ship specimen frozen on dry ice.

**Specimen Requirements:**

Container/Tube: Sarstedt Aliquot Tube, 5 mL 62.504.040

Specimen Volume: 1 mL

Collection Instructions:

1. Perform lumbar puncture and discard the first 1 to 2 mL of cerebrospinal fluid (CSF).

2. Collect CSF directly into one of the listed collection tubes

Note: Polypropylene collection tubes must be used. Polystyrene collection tubes are not acceptable.

3. Inspect specimen for visible blood contamination:

a. If bloody, centrifuge specimen and transfer supernatant to a new one of the listed collection tubes prior freezing and sending to laboratory. The supernatant, not the cellular material, is used for analysis.

b. If specimen is clear, centrifugation is not necessary.

4. Freeze sample upright prior to placing in transport container.

**Specimen Minimum Volume:**

0.75 mL

Specimen Type	Temperature	Time	Special Container
CSF	Frozen	90 days	

**Result Codes:**

Result ID	Reporting Name	Type	Unit	LOINC®
B181C	Phospho-Tau 181, CSF	Numeric	pg/mL	Not Provided

LOINC and CPT codes are provided by the performing laboratory.

**Supplemental Report:**

No

**CPT Code:** 1 × 83520

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**Reference Values:**

< or =63 pg/mL